

VOICES OF ART THERAPY

Art therapists share their stories about witnessing profound moments of clients' empowerment and discovery.

From Imprisonment to Inspiration

“ I have the honor of working with older adults in art therapy and as co-researchers. The following quote comes from a Japanese-American survivor of the internment camps: “Years ago, your words of amazing wisdom: ‘maybe you’d like to make a collage?’ Yes, I did make it, finally...In working on this collage I began to see...I’ve lost much of that anger and resentment. I’ve been helped by collage, art, and you. And now, I have some good feelings about this, my collage. I like some of it. I feel good.”

She sees art as a way to tell her story beyond her words and has created an exhibit of her drawings of the prison camps along with a framed news article about her experiences. Art therapy creates a space for her to process her past experiences and empowers her to continue to be an activist and an advocate; age does not exclude her from the conversation. The work of an art therapist opens doors to interactions with so many parts of the human experience. I feel so lucky to work with these dynamic people in the last decades of their lives; they inspire me and push me to be better, to think outside my own experiences, and to see the world from different perspectives. ”

Erin Partridge, PhD, ATR-BC

Visit arttherapy.org to read more stories.

“I AM A WORK OF ART”

In collaboration with the Office of Head Start and Youth M.O.V.E. National, the AATA coordinated and launched an [online art exhibition](#). Youth and young adults were invited to create artwork addressing the theme “I am a work of art.” The gallery was displayed at the Substance Abuse and Mental Health Services’ (SAMHSA) annual Children’s Mental Health Awareness Day event.



ART THERAPY IN ACTION

In AATA’s ongoing video series, Priscilla Frank of the *Huffington Post* interviews subject experts within the field to cover topics in art therapy:

[Adolescents](#)
[Children in Hospital Settings](#)
[Culture & Community](#)
[Eating Disorders](#)
[The LGBTQIA Community](#)

[Memory Care](#)
[Military Service Members & Veterans](#)
[Prisons & Correctional Settings](#)
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National Office
The American Art Therapy Association
4875 Eisenhower Ave. Suite 240
Alexandria, VA 22304

Phone
888-290-0878 | 703-548-5860
Visit arttherapy.org
Email info@arttherapy.org